



# My Health Record

## What is My Health Record?

My Health Record is an online summary of your health information.

You will be able to view your information at any time from anywhere.

It is an easy way to track your health information.

### Healthcare professionals can add:

- ◆ Information from your doctor called a Shared Health Summary.
- ◆ Hospital discharge summaries.
- ◆ Reports from scans and tests, like blood tests.
- ◆ Medications your doctor has given you.
- ◆ Referral letters from doctors.

### Medicare information can be added to your record including:

- ◆ Medicare information, such as visits to your doctor.
- ◆ Medicines information from the Pharmaceutical Benefits Scheme.
- ◆ Organ donation information.
- ◆ Immunisation records.

### You can add your:

- ◆ Contact numbers and emergency contact details.
- ◆ Medications.
- ◆ Allergy information.
- ◆ Indigenous status.
- ◆ Veterans or Australian Defence Force Status.
- ◆ Advance Care Plan.



## How will My Health Record benefit you?

### My Health Record will give:

- ◆ Healthcare professionals access to your information in a medical emergency.
- ◆ Healthcare professionals a good picture of your current health, including tests or medications.



For more information go to:

**MyHealthRecord.gov.au** | Help line 1800 723 471



## How will your information be kept safe?

There are strict rules about who can see and use your My Health Record.

You choose who has access to your information.

All documents in My Health Record are set to general access for healthcare providers.

You can change your access controls at any time.

### The changes to privacy and security controls you can make include:

- ◆ Setting a record access code to give access to selected healthcare providers.
- ◆ Controlling access to some documents.
- ◆ Giving access to a nominated representative.

In emergency situations, doctors can view your My Health Record to provide treatment quickly.

You can monitor who has accessed your record.

You may want someone else to access your My Health Record, such as a carer, family member or trusted friend.

If so, you can make them a nominated representative.

An authorised representative is someone who can manage a My Health Record on someone's behalf if they cannot manage their own record.

From the age of 14, a child can choose to take control of their own record.



## What will you see when you log into your My Health Record for the first time?

There may be up to 2 years of Medicare and Pharmaceutical Benefits Scheme claims history.

You can choose to remove these if you want to.

Older tests and medical reports will not be in your record.



## What do I have to do?

Your My Health Record will be set up for you by the end of 2018.

You do not have to do anything.

If you do not want a My Health Record you must tell us before **15 November 2018**.

You can do this by calling our **Help line on 1800 723 471**.

Or going to our website:  
**[www.MyHealthRecord.gov.au](http://www.MyHealthRecord.gov.au)**.

